



Love, Respect, Courage, Compassion, Friendship, Trust

# P.S.H.C.E

Personal, Social, Health and Economic Education (PSHE)

Book List Examples.

## Year 6

Themes:

### **Physical Health and Wellbeing:**

- Girls under pressure, Jacqueline Wilson
- The wizard and the ugly book of shame, Pablo Bernasconi

### **Living and Growing:**

- How did I begin? Nick Manning and Brita Granstrom
- Let's talk about where babies come from, Robie H. Harris
- Kids, poem by Spike Milligan
- I love my mother, poem by Benjamin Zephaniah

### **Identity, Society and Equality:**

- Hitler's canary, Sandy Toksvig
- We are all born free: Amnesty International
- 101 Awesome Women who Changed Our World: Julia Adams
- Can you see me? Libby Scott
- Speechless: Kate Darbishire
- A Kind of Spark: Elle McNicoll
- Pansy Boy: Paul Harfleet
- The Arrival: Shaun Tan
- For Everyone: Jason Reynolds
- Wonder: RJ Palacio
- The Missing: Micheal Rosen
- The Undefeated: Kwame Alexander
- The unforgotten coat Frank Cotreel Boyce
- Dia's story cloth: Hmong People's Journey of Freedom
- The land, Armin Greder
- My name is Sangoel, Karen Williams
- Azzi in between, Sarah Garland

- Mohammed's journey / Hamzat's journey / Gervelie's journey (a refugee diary), Anthony Robinson
- Four feet, two sandals, Karen Lynn Williams
- Way home, Libby Hawthorne

**Mental Health and Emotional Wellbeing:**

- The wise mouse, Virginia Ironside
  - The illustrated mum, Jacqueline Wilson
  - My mum's from planet Pluto, Gwyneth Rees
  - Grandpa has changed, Pam Pollach and Mel Belviso
  - Helicopter man, Elizabeth Fensham
  - Finding a voice - friendship is a two-way street, Kim Hood
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- **Keeping Safe and Managing Risk:**
  - Miracle on separation street, Bob Graham