



Respect, Courage, Compassion, Friendship, Trust, Perseverance

Thursday 05 June 2025

Dear Parents and Carers

Rock and River Outdoor Pursuits Centre (Cliffs Farm Activity Centre, Wood Lane, Mawdesley, L40 2R)

As previously stated, we have arranged for all the children in Year 6 to attend **two** full days of outdoor activities at Rock and River on **Friday 13 June** and **Thursday 17 July 2025**.

The school has managed to fund the visit this year and it is therefore free of charge. We are grateful to the PTFA for a contribution towards coach costs.

This is an exciting opportunity for the children to:

- Increase confidence and self esteem
- Develop a range of activity related skills
- Enjoy outdoor participation in adventurous activities, foster positive attitudes and develop resilience
- Support our children's transition to high school
- Have an action-packed, brilliant time with class friends.

Day 1: Friday 13 June 2025

Time	Activities
8:15 am	Children in school for 8:15 am
8:30	Depart from school
9.30	Arrive at Rock and River Activity Centre
10.00 – 12.30	Archery and Shelter Building / Fire Lighting
12.30 – 1.30 pm	Lunch Break
1.30 – 4.00 pm	Climbing Tower Low Ropes Course Zip Line
4.00 – 4.30 pm	End of Activities and Departure
Approx. 5:30 pm	Arrive at St. John's School Children collected from school.

Day 2: Thursday 17 July 2025

Time	Activities
8:15	Children in school for 8:15 am
8:30	Depart from school
9.30	Arrive at Rock and River Activity Centre
10.00 – 12.30	Team Building and Air Bag Jump
12.30 – 1.30 pm	Lunch Break
1.30 – 4.00 pm	Rafted Canoes Open Canoes Kayaks Paddle Boards Mega Paddle Boards
4.00 – 4.30 pm	End of Activities and Departure
Approx. 5:30 pm	Arrive at St. John's School.
5:30 pm – 6:30 pm	Chippy tea
6:30 pm	Children collected from school

Attached with the letter:

- School consent form
- medical and acceptance of risk form
- kit list

What we need you to do

Complete and return:

- The medical and acceptance of risk form (email responses.sjw@schools.sefton.gov.uk or return a hard copy)
- The school consent and contact slip
- **Return by Tuesday 10 June 2025**
- Check the kit list

I would greatly appreciate your support in ensuring this deadline is met so that office administration time is not taken up with telephoning parents to chase the online consent. Rock and River have a strict timeline for the return of medical forms.

Children should arrive at school on both days at the earlier time of 8:15 am. The children will be boarding the coach at approximately 8:30 am to arrive at Rock and River for the first activity.

The children will NOT be able to walk home on their return to school and must be collected from school by an adult.

Please ensure that sunscreen has been carefully applied before the children come to school. They should bring sunscreen to reapply themselves over lunch time, should it be needed. Sunscreen should be **clearly named** and given to Mr Cornall. Children CANNOT use other children's sunscreen because of allergies.

A rucksack or similar sized bag should be used for the children to carry their own belongings. Children will require a packed lunch with an additional drink (not a can or fizzy) AND a filled water bottle, clearly labelled.

Finally, as has become a tradition, the children can have their tea together when we get back to school on DAY 2, Thursday 17 July, 2025. **There will be a charge for the meal** which we will pre-order from the Good Catch in Crosby. There will be a range of meal choices for the children to choose from. Further details will follow.

Thank you for your continuing support

Yours sincerely

PCMorgan

MISS P C MORGAN
Headteacher

Rock and River Outdoor Pursuits Centre, Mawdesley

I give my consent for my child _____

to participate in two full days of outdoor activities at Rock and River Outdoor Pursuits Centre on **Friday 13 June** and **Thursday 17 July 2025**.

Contact details day 1:

Name: _____ **Contact number:** _____

Contact details day 2:

Name: _____ **Contact number:** _____

I will make arrangements for my child to be collected from school

Please indicate if you are entitled to free school meals and would like the catering department to provide a packed lunch []

Parent/guardian name Sign and Print _____

Contact number: _____ **Date:** _____