



Respect, Courage, Compassion, Friendship, Trust, Perseverance

**Personal, Social, Health
& Economic Education**

(P.S.H.E)

POLICY

POLICY: February 2021

REVIEW: February 2023

 *Seeking life in all its fullness*

1. OUR SCHOOL VISION STATEMENT

St. John's Church of England Primary School has a Christian vision for education rooted in wisdom, hope, community and dignity. It is a community where all are welcome and nurtured in a spirit of Christian love, compassion and encouragement.

It is a place which enables everyone in the school community to develop and experience life in all its fullness and realise true potential through an excellent, broad and creative education. Christian hope, aspiration and resilience for the future are central to the learning experience.

The school's vision is rooted in Christian love which is the foundation of our Christian values:

- Friendship
- Courage
- Trust
- Respect
- Compassion
- Perseverance

School aims:

- To provide a caring, safe and happy environment where the whole school community can flourish knowing that they are unique and special in the eyes of God
- To build confidence and self-esteem to enable children to develop resilience and become successful, independent life-long learners
- To enable all children to achieve their full potential
- To develop the teamwork and leadership skills and qualities in all our children so that they can be responsible citizens of the future
- To be fully committed to equality of opportunity
- To create a stimulating environment in which Christian attitudes of positive relationships, mutual respect, responsibility, forgiveness and understanding are fostered at all times
- To foster strong links between communities: home, school, church, the local community, the diocese and, internationally as *Global Neighbours*.
- To enable staff to develop their own talents and expertise so that they too can thrive
- To promote high standards and expectations of behaviour towards one another, as Jesus said, 'Love one another' (John 13:34-35).
- To be committed to providing opportunities for spiritual growth through RE and collective worship as well as a wealth of stimulating experiences and extra-curricular activities

To promote children's cultural experiences and opportunities to help develop a positive understanding of their place in a diverse world.

2. Intent

At St. John's CE Primary School, we will teach our personal, health, social and economic (PHSE) curriculum to enable pupils to become happy, independent, resilient, compassionate, and respectful members of a modern Britain who are able to make sensible, healthy choices throughout their lives.

Using planned learning objectives and outcomes from the Jigsaw and Christopher Winter Schemes of work, we will deliver a curriculum that addresses every strand of PSHE and fulfils our Christian vision for education to 'seek life in all its fullness' (John 10:10).

St John's C of E Primary School is a Christian community that seeks every opportunity for children to cherish themselves and others as unique and wonderfully made individuals. Our deeply Christian vision drives the approach and implementation of the PSHE curriculum that all are made in God's image and equally loved by God, who have a right to be treated with dignity and respect. The PSHE curriculum plays a vital part in meeting the schools' commitment and obligations to safeguarding.

The PSHE curriculum develops personal, health, social and economic learning, to enable pupils to acquire the knowledge, skills, and qualities to access the wider curriculum, keep themselves healthy and safe and develop self-confidence and self-esteem. Pupils will also be provided with good opportunities to learn about rights and responsibilities and to appreciate the positive benefits of being members of a diverse society.

Our Christian values of respect, courage, compassion, trust, and perseverance are central to our approach and implementation of the PSHE curriculum. We aim to provide a well-delivered, age-appropriate PSHE programme that upholds our Christian values to enhance the children's sense of their own identity, feel welcome and fulfilled, and reflect the principles set out in the Church of England's 'Valuing All God's Children' guidance.

Under the 2010 Equality Act, all protected characteristics will be recognised and acceptance taught as central to all that we do at St. John's. These protected characteristics include: age; disability; gender reassignment; marriage and civil partnership; pregnancy and maternity; race; religion or belief; sex; and sexual orientation.
www.legislation.gov.uk/ukpga/2010/15/contents

Statutory requirements

The PHSE policy should be read alongside the separate Relationship Sex Education (RSE) policy.

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach. We must teach relationships education under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#). We must teach health education under the same statutory guidance. Statutory guidance for RSE, Relationships Education and Health Education sets out what schools will be required to cover.

3. Implementation

The PSHE curriculum is delivered within:

- Discrete timetabled lessons
- Cross-curricular links
- Enrichment

The PSHE curriculum map sets out the PSHE curriculum intent at St. John's School.

Discrete lessons

PSHE is implemented using the whole school PSHE scheme, Jigsaw, as the main resource. Jigsaw combines PSHE, emotional literacy, mindfulness, social skills and spiritual development.

Jigsaw is a whole-school approach to PSHE, with all year groups working on the same theme (puzzle) at the same time. The approach enables each theme to be launched with an introductory worship assembly, to generate a whole school focus for both adults and children. It also enables the whole school shared themes to be developed and embedded together for greater impact across the school. Each unit is age-appropriate to each year group and delivered as one discrete lesson (a piece of the jigsaw) per week.

A whole school celebration worship will highlight a particular theme at the end of the work unit, encouraging children to reflect their PSHE learning in their behaviour and attitudes. St. John's Christian values will be the lens through which the introduction and celebration worships are delivered.

The PSHE themes:

- **Being Me in My World** covers a wide range of topics, including a sense of belonging, welcoming others and being part of a school community, a wider community, and a global community; it also looks at children's rights and responsibilities, working and socialising with others, and pupil voice.
- **Celebrating Difference** focuses on similarities and differences and teaches about diversity, such as disability, racism, power, friendships, and conflict; children learn to accept everyone's right to 'difference', and most year groups explore the concept of 'normal'; bullying – what it is and what it isn't, including cyber and homophobic bullying – is an important aspect of this theme.
- **Dreams and Goals** aims to help children think about their hopes and dreams, their goals for success, what personal strengths are, and how to overcome challenges, via teamwork skills and tasks. There is also a focus on enterprise and fundraising. Children learn about experiencing and managing feelings of pride, ambition, disappointment, success; and have opportunities to share their aspirations, the dreams and goals of others in different cultures/countries, and their dreams for the world.
- **Healthy Me**, covers two main areas of health: emotional health (relaxation, being safe, friendships, mental health skills, body image, relationships with food, managing stress) and physical health (eating a balanced diet, physical activity, rest and relaxation, keeping clean, drugs and alcohol, being safe, first aid) in order for children to learn that health is a very broad topic.

- **Relationships** has a wide focus, looking at diverse topics such as families, friendships, pets and animals, and love and loss. A vital part of the unit focuses on safeguarding and keeping children safe; this links to cyber safety and social networking, as well as attraction and assertiveness; children learn how to deal with conflict, their own strengths and self-esteem. They have the chance to explore roles and responsibilities in families, and look at stereotypes.
- **Changing Me:** deals with change of many types, from growing from young to old, becoming a teenager, assertiveness, self-respect and safeguarding. Self and body image, puberty, attraction and accepting change are diverse subjects for children to explore. Each year group thinks about looking ahead, moving year groups or the transition to secondary school. Life cycles and how babies are made, and grow are treated sensitively and are designed to meet children's needs. All year groups learn about how people and bodies change.

A number of carefully selected additional resources enhance the implementation of the school's PSHE curriculum, for example:

- Christopher Winter Project (CWP) resources (PSHE Association Quality Mark Approved).
- 'Inspiring Equality in Education' primary school resources which are also accredited by the PSHE Association
- Picture News
- The Expect Respect Educational Toolkit

Links across the curriculum:

In addition to the discrete lessons outlined above, our PSHE curriculum is threaded throughout the school curriculum and also through collective worship, for example:

- PSHE topics are explored in English through reading activities and diverse quality texts, for instance, 'Henry's Freedom Box.'
- In Geography in lessons such as Fairtrade and learning about migration,
- In Design and Technology when working within a budget to make sandwiches or plan a meal.
- In RE, by developing a deep sense of themselves as significant, unique and precious; learning about other faiths
- In Science when learning about dental health and healthy lifestyles; life cycles
- In PE, through the importance of exercise and healthy lifestyles
- Online safety as part of the computing curriculum
- In History, when learning about diverse, inspiration people
- Through collective worship by nurturing personal, intellectual and spiritual development; building strong links with social, moral, spiritual and cultural education
- The relationship and equality act (2010) aspect of the programme may also be delivered through collective worship.

The timetable is adapted where necessary to meet the needs of arising issues. Children also have a weekly opportunity to explore current affairs and discuss emerging national and global issues through the Picture News resource.

Enrichment:

We greatly value enrichment opportunities to enable everyone in our school community to develop and experience life in all its fullness and realise their true potential. Enrichment opportunities are planned through themed weeks, visits and visitors and extra-curricular activities.

Examples of themed events:

- Friendship Week
- Wellbeing Day
- Children's Mental Health Week
- Black History Month
- Money week including an enterprise day for a chosen charity

We provide a variety of extra-curricular clubs that play a vital role in promoting healthy lifestyles, citizenship and promoting good mental health and wellbeing such as our School Council, Ethos Club, various sports clubs, choir, and horticultural club.

4. Impact

At St. John's CE Primary School, assessment in PSHE is not a judgement of worth, personality or value of an individual/s. PSHE assessment and post assessment activities in the Jigsaw scheme of work, show evidence of progress within various aspects of PSHE. Assessment of PSHE will be continuously used to inform teaching. A range of approaches will be used to assess the impact of the RSE curriculum. The Jigsaw assessment questions support an insight into the children's understanding of the key elements within each theme of the RSE curriculum.

The reporting of individual achievement and progress will include skill development and values and attitudes, as well as knowledge and understanding. Progress in these areas will be reported through feedback to individual pupils orally and in written form, recognition of individual or group achievements through certificates/awards feedback to parents at parent's evenings and informal discussions throughout the year and written reports to parents at the end of the academic year.

Monitoring arrangements

Subject and school leaders monitor the impact of our curriculum provision through completing regular monitoring, that includes listening to the voice of our children, learning walks, play time monitoring, work scrutiny, pupil voice and parent/teacher voice.

The PSHE lead will determine the monitoring schedule to plan a range of monitoring activities across the academic year to evaluate assessments and impact.

Staff Training: The school nurse, on occasions, provides advice for teachers in their planning. All Christopher Winter Project resources and lesson plans are government approved in line with the new RSE guidance.

The PHSE lead, SENDCO and headteacher have attended training on Sex and Relationship Education through Liverpool Diocese. There is also the opportunity for teachers to attend training on Sex and Relationship Education where necessary through Liverpool Diocese or Sefton LA.