



Love, Respect, Courage, Compassion, Friendship, Trust

# P.S.H.C.E

Personal, Social, Health and Economic Education (PSHE)

Book List Examples.

## Year 1

Themes:

### Physical Health and Wellbeing:

- Festival time: series, Jonny Zucker
- I like to play, Marla Stewart Konrad
- Acker Backer Boo! Games to play from around the word, Opal Dunn

### Keeping Safe and Managing Risk:

- Flash, bang, wheee! Karen Clarke
- We're going on a bear hunt, Michael Rosen and Helen Oxenbury
- Can't you sleep little bear? Martin Waddell

### Careers, Financial Capability and economic wellbeing:

- Kitty's bicycle, Andrew Lunness
- Daisy and the trouble with piggy banks, Kes Gray
- Charlotte's Piggy bank, by David McGee
- Little Croc's purse by Lizzie Finlay

### Drug, Alcohol and Tobacco Education:

- Nice or nasty? Claire Llewellyn

### Mental Health and Emotional Wellbeing:

- Nothing, Mick Inkpen
- Angry Arthur, Haiwyn Oram
- The Very Lonely Firefly, Eric Carle
- Not Now Bernard, David McKee
- Are you sad little bear? Rachel Rivett

- Lost and found, Oliver Jeffers
- The Tear Thief, Carol Ann Duffy
- Knuffle Bunny, Mo Willams
- Badger's Parting Gifts, Susan Varley
- Always and Forever, Alan Durant
- Grandpa, John Birmingham

#### Living and Growing:

- The world is full of babies, Mick Branning and Brita Granstrom
- Once there were giants, Martin Waddell
- Tell me again about the day I was born, Jamie Lee Curtis .

#### Celebrating Difference:

- Happy in our skin: Fran Manushkin.
- We are All Welcome: Alexandra Penfold and Suzanne Kaufman
- It's Okay to Be Different: by Todd Parr
- *Different: A Story About Loving Your Neighbour*
- Leave Me Alone: A tale of what happens when you face up to a bully.
- Something Else: Kathryn Cave
- Making Friends: A Book About First Friendships: by Amanda McCardie (Author), Colleen Larmour
- The Invisible Boy: Trudy Ludwig , Patrice Barton
- *I Am Perfectly Designed : Karamo Brown and Jason Brown*
- *Tusk Tusk: David Mckee*
- *Mixed:A colorful Story by Arree Chung*